



Make your Spa Day Delicious

We are pleased to offer an assortment of menu options prepared fresh daily from The Mustard Seed Market. These menu items require 48-hour advanced notice.

ON THE LIGHTER SIDE | \$16

Season's Freshest Fruit Glass - With lemon yogurt and fresh mint. \$16
Berry, Banana & Yogurt Parfait - With fresh berries. \$16

SALADS | \$18.95

Caprese Salad - Ripe tomatoes, fresh mozzarella cheese, basil, and balsamic syrup.

Strawberry Field Salad - Fresh local greens, red ripe strawberries, Maple candied pecans, goat cheese, and poppyseed dressing.

Pesto Chicken Caesar Salad - With crispy chickpeas.

Cobb Salad - Turkey, ham, bacon, hard-boiled eggs, tomatoes, and blue cheese with a ranch dressing.

SANDWICHES & WRAPS | \$18.95

Mustard Seed Croissant - Choice of Chicken or Tuna Salad

Smoked Avocado Hummus Wrap

Grilled Vegetable & Hummus Wrap

Special catering options are available for large groups. Ask our front desk concierges for more information.

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Spa Menu January 2023